



Schedule of Benefits

Plan Type: CHRISTUS Gold + Dental & Vision + Fitness Limited (\$0 Deductible, \$5 PCP, \$0 Generic Rx, \$0 Virtual Urgent Care)

Coverage Period: 01/01/2026 – 12/31/2026

If you have any questions about your coverage and costs, please visit www.christushealthplan.org or by calling 1-844-282-3025.

Medical and Prescription Drug Deductibles and Out-of-Pocket Limits	Member Cost Share		
Overall Deductible - Individual	\$0, Medical and Pharmacy Combined		
Overall Deductible - Family	\$0, Medical and Pharmacy Combined		
Overall Out-of-Pocket Limit - Individual	\$9,200, Medical and Pharmacy Combined		
Overall Out-of-Pocket Limit - Family	\$18,400, Medical and Pharmacy Combined		
Out-of-Pocket Exclusions	No		
Annual Plan Limit	No		
Provider Network Required	Yes		
Specialist Referral Needed	No		
Services Not Covered, refer to <i>Evidence of Coverage</i>	Yes		
Covered Services	IHCP In-Network Provider	Non-IHCP In-Network Provider	Non-IHCP Out-of-Network Provider
Primary Care Office Visit	No Charge	\$5 copayment per visit	Not covered
Specialist Office Visit	No Charge	\$60 copayment per visit	Not covered
Other Practitioner Office Visit	No Charge	\$60 copayment per visit	Not covered
Chiropractic Services	No Charge	\$60 copayment per visit (35 visit limit per calendar year, combined with rehabilitation services)	Not covered

Covered Services	IHCP In-Network Provider	Non-IHCP In-Network Provider	Non-IHCP Out-of-Network Provider
Autism Spectrum Disorder	No charge	\$5 copayment per visit	Not covered
Preventive Care, Screenings, and Immunizations	No charge	No charge	Not covered
Diagnostic Test (Blood Work)	No charge	\$60 copayment per visit	Not covered
Diagnostic Test (X-Ray)	No charge	\$60 copayment per visit	Not covered
Imaging (CT, PET, MRI)	No charge	\$400 copayment per visit	Not covered
Preferred Generic Drugs	No charge	No charge	Not covered
Non-Preferred Generic Drugs	No charge	No charge	Not covered
Preferred Brand Drugs	No charge	\$60 copayment per prescription for a standard 30-day supply (Cost sharing for a 90-day supply by mail order is triple the cost sharing for a standard 30-day supply)	Not covered
Non-Preferred Brand Drugs	No charge	\$80 copayment per prescription for a standard 30-day supply (Cost sharing for a 90-day supply by mail order is triple the cost sharing for a standard 30-day supply)	Not covered
Specialty Drugs	No charge	\$350 copayment per prescription for a standard 30-day supply (Cost sharing for a 90-day supply by mail order is triple the cost sharing for a standard 30-day supply)	Not covered
Outpatient Facility Fee	No charge	40% co-pay percentage	Not covered
Outpatient Physician Surgeon Fee	No charge	40% co-pay percentage	Not covered
Emergency Room Services	No charge	\$950 copayment per visit	Same as Participating Providers
Emergency Transportation	No charge	40% co-pay percentage	Same as Participating Providers
Urgent Care	No charge	\$60 copayment per visit	Not covered
Urgent Care (Virtual)	No charge	No charge at CHRISTUS Facilities Not covered at non-CHRISTUS Facilities	Not covered
Inpatient Facility Fee	No charge	\$950 copayment per stay	Not covered
Inpatient Physician Surgeon Fee	No charge	No charge	Not covered
Mental Health, Behavioral Health and Substance Abuse Outpatient Services	No charge	Office visit: \$60 copayment per visit Outpatient facility: 40% co-pay percentage	Not covered
Mental Health, Behavioral Health and Substance Abuse Inpatient Services	No charge	\$950 copayment per stay	Not covered
Prenatal and Postnatal Care	No charge	\$60 copayment per visit	Not covered

Covered Services	IHCP In-Network Provider	Non-IHCP In-Network Provider	Non-IHCP Out-of-Network Provider
Delivery and Inpatient Services	No charge	\$950 copayment per stay	Not covered
Home Health Care	No charge	40% co-pay percentage (60 visit limit per calendar year)	Not covered
Rehabilitation Services	No charge	\$60 copayment per visit (35 visit limit per calendar year, combined with chiropractic care)	Not covered
Habilitation Services	No charge	\$60 copayment per visit	Not covered
Skilled Nursing Facility	No charge	40% co-pay percentage (25 day limit per calendar year)	Not covered
Durable Medical Equipment	No charge	40% co-pay percentage	Not covered
Hospice Service	No charge	40% co-pay percentage	Not covered
Children's Eye Exam	No charge (1 exam per year limit)	No charge (1 exam per year limit)	Not covered
Children's Glasses	No charge (1 pair per year limit)	No charge (1 pair per year limit)	Not covered
Dental Diagnostic and Preventive Services for Children	No charge (1 cleaning and exam per six months limit)		
Basic Dental Care – Child	20% co-pay percentage		
Major Dental Care – Child	50% co-pay percentage		
Orthodontia – Child	50% co-pay percentage (Medically necessary services only; prior authorization required)		

- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Co-pay percentage** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **co-pay percentage** payment of 20% would be \$200.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, please contact us.
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **co-pay percentage** amounts.

Adult Vision* (Ages 19 years of age and older, does not include Pediatric Vision Coverage)

Adult Vision Covered Services	IHCP In-Network Provider	Non-IHCP In-Network Provider	Non-Participating Providers
Adult Eye Exam	No charge (1 exam per year)		Not covered
Adult Glasses	No charge (1 item per year. Up to \$130 per person for glasses or contacts)		Not covered

Adult Dental* (Ages 19 years of age and older, does not include Pediatric Dental Coverage)

Annual Maximum Dental Benefit: \$1,000 per covered person per calendar year for all benefits listed below

Waiting Period: Major Dental Care Services are limited to Adult Enrollees who have been enrolled under the dental for 12 consecutive months.

Adult Dental Covered Services	IHCP In-Network Provider	Non-IHCP In-Network Provider	Non-Participating Providers
Adult Routine Dental Services	No charge (1 cleaning and exam per six months limit)		
Adult Basic Dental Care	20% co-pay percentage		
Adult Major Dental Care	50% co-pay percentage		
Adult Orthodontia	Not covered		

Adult Fitness Benefit* (Ages 18 years of age and older)

Adult Fitness Covered Services	IHCP In-Network Provider	Non-IHCP In-Network Provider	Non-Participating Providers
Adult Fitness Benefit	No charge		Not covered

*Adult vision, adult dental, and adult fitness benefits do not apply to plan deductible and out-of-pocket maximum listed on page 1.