



## HEALTH PLAN POLICY

**Title:** Member Education and Self-Referral for Behavioral Health Services

**Number:** OPMS20  
**Revision:** F

- CHRISTUS Health Plan Provider Directory
- CHRISTUS Health Plan Evidence of Coverage

### REVISION HISTORY:

<b>Revision</b>	<b>Date</b>	<b>Description of Change</b>	<b>Approval Committee</b>
New	09/28/2017	Initial release.	Board of Directors
A	04/24/2019	Annual review. Removed Medicaid and CHIP and added Commercial Insured to lines of business.	Executive Leadership
B	05/04/2020	Annual review. No change to content.	Executive Leadership
C	04/27/2021	Annual review. No change to content.	Executive Leadership
D	03/22/2022	Annual review. No change to content.	Executive Leadership
E	03/30/2023	Annual review. No change to policy content.	Executive Leadership
F	04/12/2024	Annual review. Clairification of definitions and minor formatting changes.	Executive Leadership