



## Schedule of Benefits

Plan Type: CHRISTUS American Indian Zero Cost Sharing + Fitness

Coverage Period: 01/01/2025 – 12/31/2025

**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.christushealthplan.org](http://www.christushealthplan.org) or by calling 1-844-282-3025.

Medical and Prescription Drug Deductibles and Out-of-Pocket Limits	Member Cost Share	
Overall Deductible - Individual	\$0, Medical and Pharmacy Combined	
Overall Deductible - Family	\$0, Medical and Pharmacy Combined	
Overall Out-of-Pocket Limit - Individual	Not Applicable	
Overall Out-of-Pocket Limit - Family	Not Applicable	
Out-of-Pocket Exclusions	No	
Annual Plan Limit	No	
Provider Network Required	Yes	
Specialist Referral Needed	No	
Services Not Covered, refer to <i>Evidence of Coverage</i>	Yes	
Covered Services	Indian Health Care and Participating Providers	Non-Participating Providers
Primary Care Office Visit	No charge	Not covered
Specialist Office Visit	No charge	Not covered
Other Practitioner Office Visit	No charge	Not covered
Chiropractic Services	No charge (35 visit limit per calendar year, combined with rehabilitation services)	Not covered
Autism Spectrum Disorder	No charge	Not covered
Preventive Care, Screenings, and Immunizations	No charge	Not covered
Diagnostic Test (Blood Work)	No charge	Not covered
Diagnostic Test (X-Ray)	No charge	Not covered
Imaging (CT, PET, MRI)	No charge	Not covered



Covered Services	Indian Health Care and Participating Providers	Non-Participating Providers
Preferred Generic Drugs	No charge	Not covered
Non-Preferred Generic Drugs	No charge	Not covered
Preferred Brand Drugs	No charge	Not covered
Non-Preferred Brand Drugs	No charge	Not covered
Specialty Drugs	No charge	Not covered
Outpatient Facility Fee	No charge	Not covered
Outpatient Physician Surgeon Fee	No charge	Not covered
Emergency Room Services	No charge	Same as Participating Providers
Emergency Transportation	No charge	Same as Participating Providers
Urgent Care	No charge	Not covered
Urgent Care (Virtual)	No charge at CHRISTUS Facilities Not covered at non-CHRISTUS Facilities	Not covered
Inpatient Facility Fee	No charge	Not covered
Inpatient Physician Surgeon Fee	No charge	Not covered
Mental Health, Behavioral Health and Substance Abuse Outpatient Services	Office visit: No charge Outpatient facility: No charge	Not covered
Mental Health, Behavioral Health and Substance Abuse Inpatient Services	No charge	Not covered
Prenatal and Postnatal Care	No charge	Not covered
Delivery and Inpatient Services	No charge	Not covered
Home Health Care	No charge (60 visit limit per calendar year)	Not covered
Rehabilitation Services	No charge (35 visit limit per calendar year, combined with chiropractic care)	Not covered
Habilitation Services	No charge	Not covered
Skilled Nursing Facility	No charge (25 day limit per calendar year)	Not covered
Durable Medical Equipment	No charge	Not covered
Hospice Service	No charge	Not covered
Attention Deficit Disorder	No charge	Not covered
Cleft Lip/Cleft Palate	No charge	Not covered



Covered Services	Indian Health Care and Participating Providers	Non-Participating Providers
Dental Anesthesia	No charge	Not covered
Oral Surgery Benefits	No charge	Not covered
Private-Duty Nursing	No charge	Not covered
Sleep Studies	No charge	Not covered
Pre-Admission Testing	No charge	Not covered
Routine Foot Care	No charge	Not covered
Children's Eye Exam	No charge (1 exam per year limit)	Not covered
Children's Glasses	No charge (1 pair per year limit)	Not covered
Children's Dental – Basic (Class A)	No charge (1 cleaning and exam per six months limit)	
Children's Dental – Intermediate (Class B)	No charge	
Children's Dental – Major (Class C)	No charge	
Children's Dental – Orthodontia (Class D)	No charge	
	(Medically necessary services only; prior authorization required)	

- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- With the exception of emergency services, coverage at Non-Participating Providers is not covered under this plan unless (1) a participating provider is not available in the service area and CHRISTUS grants approval for the member to use a Non-Participating Provider or (2) a member is at a participating facility and receives services from a Non-Participating Provider without knowledge or consent. In either of these two provided situations, the member would be billed as if they received care at a participating provider.
- The **Allowable Charge** is the amount that the plan has determined to be the maximum amount payable for a Covered Service. For Covered Services provided by Non-Participating Providers, the amount payable will be either a rate agreed upon by the plan and the Non-Participating Provider or based upon the plan's out-of-network fee schedule. The plan's out-of-network fee schedule is based on generally accepted industry standards and practices for determining the customary billed charge for a service, and fairly and accurately reflects market rates, including geographic differences in costs, and is consistent with nationally recognized and generally accepted bundling edits and logic. These Non-Participating Providers generally may not balance bill you for amounts not paid by the plan. If you receive a balance bill from a Non-Participating Provider, contact the plan.



**Adult Fitness Benefit\* (Ages 18 years of age and older)**

<b>Adult Fitness Covered Services</b>	<b>Participating Providers</b>	<b>Non-Participating Providers</b>
Adult Fitness Benefit	No charge	Not covered

\*Adult fitness benefits do not apply to plan deductible and out-of-pocket maximum listed on page 1.