



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call us at 1-844-282-3025 or visit us on the web at <https://www.christushealthplan.org/>. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <http://www.healthcare.gov/sbc-glossary> or call 1-844-282-3025 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|---|--|
| What is the overall deductible ? | \$0 | See the Common Medical Events chart below for your costs for services this plan covers. |
| Are there services covered before you meet your deductible ? | Yes. | This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | No. | You don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan ? | Not applicable. | This plan does not have an out-of-pocket limit on your expenses. |
| What is not included in the out-of-pocket limit ? | Not applicable. | This plan does not have an out-of-pocket limit on your expenses. |
| Will you pay less if you use a network provider ? | Yes. See https://www.christushealthplan.org/provider-search or call 1-844-282-3025 for a list of network providers . | This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. |
| Do you need a referral to see a specialist ? | No. | You can see the specialist you choose without a referral . |



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|--|--|--|---|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | No charge | Not Covered | Including office services, other than those specifically shown below. |
| | Specialist visit | No charge | Not Covered | Including office services, other than those specifically shown below. |
| | Preventive care/screening/immunization | No charge | Not Covered | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |
| If you have a test | Diagnostic test (x-ray, blood work) | No charge | Not Covered | None. |
| | Imaging (CT/PET scans, MRIs) | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |
| If you need drugs to treat your illness or condition More information about Prescription drug coverage is available at www.christushealthplan.org | Generic drugs | No charge | Not Covered | Cost sharing for a 90-day supply by mail order is triple the cost sharing for a standard 30-day supply. Prescriptions for birth control are not subject to deductible , and do not have a copayment . |
| | Preferred brand drugs | No charge | Not Covered | |
| | Non-preferred brand drugs | No charge | Not Covered | |
| | Specialty drugs | No charge | Not Covered | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |
| | Physician/surgeon fees | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |
| If you need immediate medical attention | Emergency room care | No charge | No charge | None. |
| | Emergency medical transportation | No charge | No charge | |
| | Urgent care | No charge | Not Covered | |
| If you have a hospital stay | Facility fee (e.g., hospital room) | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |
| | Physician/surgeon fees | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |

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* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://www.christushealthplan.org/>

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|---|--|--|--|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | No charge | Not Covered | None. |
| | Inpatient services | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |
| If you are pregnant | Office visits | No charge | Not Covered | Cost sharing does not apply for preventive services . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) |
| | Childbirth/delivery professional services | No charge | Not Covered | None. |
| | Childbirth/delivery facility services | No charge | Not Covered | Preauthorization is required for inpatient care, except for: (1) forty-eight (48) hours of Inpatient care following a vaginal delivery or ninety-six (96) hours of Inpatient care following a Cesarean section or (2) Post-Partum Care. If you don't get preauthorization , benefits will be denied. |
| If you need help recovering or have other special health needs | Home health care | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. Limited to 60 visits/calendar year. |
| | Rehabilitation services | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |
| | Habilitation services | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |
| | Skilled nursing care | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |
| | Durable medical equipment | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |
| | Hospice services | No charge | Not Covered | Preauthorization is required. If you don't get preauthorization , benefits will be denied. |
| If your child needs dental or eye care | Children's eye exam | No charge | Not Covered | Limited to one exam per year. |
| | Children's glasses | No charge | Not Covered | Limited to one pair of glasses per year. |
| | Children's dental check-up | No charge | Not Covered | None. |

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* For more information about limitations and exceptions, see the [plan](#) or policy document at <https://www.christushealthplan.org/>

Excluded Services & Other Covered Services:

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .) | | |
|---|--|---|
| <ul style="list-style-type: none">• Abortion• Acupuncture• Bariatric Surgery• Cosmetic Surgery | <ul style="list-style-type: none">• Dental Care (Adult)• Infertility Treatment• Long-term Care | <ul style="list-style-type: none">• Non-emergency care when traveling outside the United States• Private-duty nursing• Weight Loss Programs |
| Other Covered Services (limitations may apply to these services. This isn't a complete list. Please see your plan document.) | | |
| <ul style="list-style-type: none">• Chiropractic care (35 visit limit)• Hearing aids (1 hearing aid in each ear every 3 years) | <ul style="list-style-type: none">• Routine eye care for adults (1 exam every 24 months) | <ul style="list-style-type: none">• Routine foot care for diabetic members |

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: CHRISTUS Health [Plan](#) Customer Service at 1-844-282-3025; Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <https://www.dol.gov/ebsa/contactEBSA/consumerassistance.html>; Texas Health and Human Services Commission at 1-800-252-8263 or <http://www.hhsc.state.tx.us/medicaid>. Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: CHRISTUS Health [Plan](#) Customer Service at 1-844-282-3025 or The Texas Department of Insurance at 1-800-578-4677 or <http://www.tdi.texas.gov/index.html>.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum value standards? Yes

If your [plan](#) doesn't meet the [Minimum value standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-282-3025 (TTY: 1-800-735-2989).

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-282-3025 (TTY: 1-800-735-2989).

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Chinese: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電1-844-282-3025 (TTY: 1-800-735-2989)。

Korean: : , . 1-844-282-3025 (TTY: 1-800-735-2989)

Arabic: ولليكم الصم مثف رقم) 1-844-282-3025-1 برقم متصل بالامجان لكنت فطر اللغوية لاهل من اعدة خدم انتف ان اللغاة اكثر رتت حدث لثقت اذا : لبحوطة

Urdu: ہنگر آپ اردو بولتے ہوں تو آپکو زبان کی مدد کی خدمات بہت ہوں سنی اب ہوں کال کیوں 1-844-282-3025 (TTY: 1-800-735-2989)۔

Tagalog : PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-844-282-3025 (TTY: 1-800-735-2989).

French: ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-844-282-3025 (ATS : 1-800-735-2989).

Persian: هتق نشما هتتس در کونند میص صحت ریگان ، زبان کمک خدمات فارسی شم انگر 1-844-282-3025 (TTY: 1-800-735-2989)۔

German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-844-282-3025 (TTY: 1-800-735-2989).

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-282-3025 (телетайп: 1-800-735-2989).

Japanese: 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-844-282-3025 (TTY: 1-800-735-2989) まで、お電話にてご連絡ください。

Laotian: ພາສາລາວ: ການສຳລັບຜູ້ທີ່ເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາແມ່ນຖືກສະໜອງໂດຍບໍ່ຄ່າ. ກະລຸນາຕິດຕໍ່ສູນບໍລິການລູກຄ້າຂອງພວກເຮົາທີ່ເບີ 1-844-282-3025 (TTY: 1-800-735-2989).

1-844-282-3025 (TTY: 1-800-735-2989)

Hindi: हंद: सावधाना: यदं आप दं ता बोलेत , ता अुपत्त भाषा स ायेता संवोआ स लाभ उठा सैकैत । 1-844-282-3025 पर कॉल कर (टाटावा: 1-800-735-2989)

જરાત: સાવધાન: જો તમ જેજરાતી બોલતા હોવ તો, તમ મફત ભાષા સહાય સવાઓમાથી લાભ મે વી શકો છો. 1-844-282-3025 પર કોલ કરો (TTY: 1-800-735-2989)

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- n The [plan's](#) overall [deductible](#) \$0
- n [Specialist copayment](#) \$0
- n [Hospital \(facility\) copayment](#) \$0
- n Other [coinsurance](#) 0%

This EXAMPLE event includes services like:
[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

| | |
|--------------------|----------|
| Total Example Cost | \$12,800 |
|--------------------|----------|

In this example, Peg would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|------------|
| Deductibles | \$0 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or Exclusions | \$0 |
| The total Peg would pay is | \$0 |

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- n The [plan's](#) overall [deductible](#) \$0
- n [Specialist copayment](#) \$0
- n [Hospital \(facility\) copayment](#) \$0
- n Other [coinsurance](#) 0%

This EXAMPLE event includes services like:
[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

| | |
|--------------------|---------|
| Total Example Cost | \$7,400 |
|--------------------|---------|

In this example, Joe would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|------------|
| Deductibles | \$0 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or Exclusions | \$0 |
| The total Joe would pay is | \$0 |

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- n The [plan's](#) overall [deductible](#) \$0
- n [Specialist copayment](#) \$0
- n [Hospital \(facility\) copayment](#) \$0
- n Other [coinsurance](#) 0%

This EXAMPLE event includes services like:
[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

| | |
|--------------------|---------|
| Total Example Cost | \$1,900 |
|--------------------|---------|

In this example, Mia would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|------------|
| Deductibles | \$0 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or Exclusions | \$0 |
| The total Mia would pay is | \$0 |